

The Police Corps Weekly

Week 7

02 November 2003

Recruit Profile



Name:

Kyle L. Jentzsch

Hometown:

Marshfield, WI

Sponsoring Agency:

Eau Claire Police Dept.

College:

UW- Eau Claire

Hobbies:

Outdoor Activities
Spending time with my Family

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Boxing 101

By: Recruit Salbego

The boxing session on October 23rd was only the third session for the recruits so far, but they seem to be doing well and having fun. Officer McFarlane keeps them busy and always learning new things. This week's session began by watching an amateur boxing video, which included a match between two men and a match between Officer McFarlane and an opponent. After the video, the recruits

stretched out, participated in jumping rope, and reviewed all the techniques they had learned in the previous two sessions. These included the six types of punches and some counter moves and drills. The new lessons learned in the session included different counter moves and also some abdominal work, which involved punching at an opponent's flexed abdomen. Recruits then practiced punching

"Bob," the dummy used to simulate a real person in punching drills. The session ended with two minute punching drills with a partner, and some more stretching.



Laws Of Arrest

By: Recruit McNally

On October 16, 2003 the recruit class was blessed to have retired state patrol Captain Alva E. Rehberg teach the laws of arrest. Mr. Rehberg started this block of instruction with a lesson in standing and the four components of arrest: seizure, intent, authority, and understanding. The class learned that all four components of the arrest must be pre-

sent or no arrest has occurred.

The class also discussed the differences between real (lawful) vs. assumed (unlawful) authority and actual (physical contact) vs. constructive (submission by word or act to control or authority of the officer) seizure of making an arrest. Mr. Rehberg informed the class about probable cause, the basis for an arrest, and when officers

have the authority to arrest with and without a warrant. The recruit class also discussed three types of pursuit: fresh, close, and hot. The third recruit class enjoyed Mr. Rehberg's teaching style due to the fact that he incorporated real life experiences as examples for us to easily grasp and comprehend the material.

Community Oriented Policing

By: Recruit Kraeger

On Thursday and Friday the recruit class began their Community Oriented Policing and Problem Solving training blocks. The class was lead by Mr. Darden from Darden Consultants. The first day of class focused primarily on community policing and how it is applied to today's society.

The day began with recruits participating in an exercise that "opened everyone's eyes" and made the class realize that every-

one is human. We all have gone through many life-changing experiences, and these experiences in some way have shaped who we are and who we want to be. There were many emotions brought out in the exercise as the recruits had to describe a moment in life that was a life changing moment. Throughout the day the training was focused on primarily on the decades of change in policing, the community, and the government and how they have

evolved through the "Political" Era, "Reform" Era, and the "Modern" Era.

On Friday the class was instructed on many topics within the community policing system. The four keys to community partnership are community contact, communication, trust, and information exchange. There are also many barriers that were discussed that a police officer must work through.

Martial Arts

By: Recruit Pusel

Officer Cahoon, a Wisconsin State Patrol Inspector, has been instructing the recruits in Martial Arts. This week, ten out of the nineteen recruits experienced a physically challenging and tiring workout. The recruits began the class by stretching, which proved to some recruits that they are not too flexible. The recruits then practiced the correct technique for falling forward, backward, and to their sides. Practicing falling is

very important to prevent injury and to condition yourself to avoid landing on any points of your body such as knees, hands, and elbows. The recruits also practiced kicking moves and techniques moving up and down the mats simulating defending themselves against an assailant. The recruits then practiced four different ground-fighting techniques, each of which involved a subject on top of the recruit in a different position. In addition, each recruit practiced with a lot of repeti-

tion to develop muscle memory, which would take over in a time of crisis.

During the course of our program, the recruits will get an overview of marshal arts. It is impossible to learn all there is to know about marshal arts in the few sessions that we have with Officer Cahoon, but even if the recruits can pick up one disarmament technique, the training will be worth it.

Agency Spotlight

By: Recruit McNally

The Menomonee Falls Police Department is located just northwest of Milwaukee in Waukesha County. The Menomonee Falls Police Department is headed by Chief of Police Jack



Menomonee Falls Police Department

Pitrof. Chief Pitrof will be retiring on November 14, 2003 and Captain Darick Ottow has been appointed Interim Chief of Police until a new Chief is selected. The department has 59 sworn officers. Menomonee Falls also employs 28 civilian employees, 15 of which are Police Aides. Menomonee Falls Police Department has their own communication

center located within the department. The newly remodeled building features state of the art equipment, such as electronic finger printing, double locking doors, and underground parking for first line squads. The police department serves the largest village in the state of Wisconsin of a population with 33,489, and covers 33.3 square miles.

Chapter 51 and Chapter 55 Detentions

By: Recruit Miller

On Wednesday of this week Mrs. Barb Johnson from the Monroe County Human Services Department came in to teach us about the mentally ill. Mrs. Johnson went over many topics and how they pertained to police work. She spent the majority of the time talking about Chapter 51. Most often Chapter 51 is used to detain mentally ill persons. This is not an arrest, but is used when that person is a danger to themselves or others or when it is seen that the person is not taking care of themselves. An example would be a mentally ill person who is out walking around without winter cloths when it is 10 degrees outside. Chapter 51 can

also be used for people who are threatening suicide. After a person has been held under chapter 51 they have to have a probable cause hearing within 72 hours. If the detention is found to have probable cause they next attend a final hearing where they can be put into a six-month detention commitment. Chapter 55 was also discussed in the class. It is very similar to Chapter 51, but is used when people have a chronic mental illness. This is used when it is probable that the person will suffer irreparable damage or injury as a result of disability if not immediately placed. Mrs. Johnson has a lot of experience with the mentally ill and other types of people with problems. She was able to help us understand what we need to do in

these types of situations. Probably the best information that she gave us was what to look for and how to talk and reason with emotionally disturbed persons. It is very common for police in large cities to come across these types of people frequently. Often you will deal with the same people and it is important to realize that no situation is ever the same.

The Picture Says It All:

Photographed By: Recruit Jentzsch

During teambuilding we learned different ways to handle certain tasks. In this example, we had to get recruits to walk on a board at the same time. It proved that sometimes, we all just have to follow the leader.



The End Of Phase I

With the end of Phase I of our training, we are about one-third of the way done. In next week's issue, look for both a Phase I overview and an outlook to the

remainder of our training during the 3rd Recruit Class of the Wisconsin Police Corps. While Phase I included the primary modules required by the state of Wisconsin,

Phase II and Phase III really start to focus on applied knowledge, and the combination of all of the areas we have learned thus far.